



EASINGWOLD RUNNING CLUB

INVITATION CROSS COUNTRY RACE (Run under UKA Rules)

Easingwold Running Club invites UKA affiliated members of clubs in the York Road Race League to participate in a licenced Cross Country event on Sunday 4th March 2018 on a challenging course laid out within the confines of the Millfields Park and Woodland.

Location - Millfield, Millfield Lane, Easingwold, North Yorkshire. YO61 3JR.

[Easingwold Millfields XC location](#) map

Distance – Short race 4.8km (2 Laps) Long race 9.6km (4 Laps) Take your pick!

Both races are open to Ladies and Men over 17 on the day of the race.

Race Start 10am

Entry - by email to rlcoordinatorerc@gmail.com or on the day by 9:45am.

Entries must include Name, Club, DOB and England Athletics Registration Number. Entry fee £3 payable on receipt of number which will be distributed on the day.

First aid and medical cover will be provided

Parking – There is limited parking at the venue however parking in the Town and Market Square is available, please be considerate to residents when parking

Toilets – are available in the Market Square short walk from the park.

Water will be provided. Refreshments and food is available at the various Pubs and Cafés in the Town.

